

November 2020

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Cereal, Fresh Fruit & Milk</p> <p>Chili Beans, Corn Bread, Broccoli, Peaches & Milk</p> <p>Cheese & Tortillas</p>	<p>3- Vegetarian</p> <p>Waffles, Fresh Fruit & Milk</p> <p>Spinach lasagana, Green Beans, Pears & Milk</p> <p>English Muffins & Fresh Fruit</p>	<p>4- Vegetarian</p> <p>Toast, Applesauce & Milk</p> <p>Bean & Cheese Tacos, Peas, Fresh Fruit & Milk</p> <p>Bagels & Fresh Fruit</p>	<p>5 - Vegetarian</p> <p>Muffins, Fresh Fruit & Milk</p> <p>Spinach Quiche, Whole Wheat Bread, Mixed Vegetables, Mandarin Oranges & Milk</p> <p>Cheese & Oyster Crackers</p>	<p>6</p> <p>Oatmeal, Fresh Fruit & Milk</p> <p>Turkey & Cheese Roll Ups, Cucumbers, Fresh Fruit & Milk</p> <p>Fresh Fruit & Graham Crackers</p>
<p>9</p> <p>Cereal, Fresh Fruit and Milk</p> <p>Black Bean Pasta Bake, corn, Pineapple & Milk</p> <p>Monterey Jack Cheese and Wheat Crackers</p>	<p>10</p> <p>Applesauce, whole wheat toast & milk</p> <p>Sloppy Joes, Whole Wheat Bun, Carrots, Pears & Milk</p> <p>Fruit Muffins and Fruit</p>	<p>11-Vegetarian</p> <p>Oatmeal, fresh fruit & milk</p> <p>Spinach Lasagna, Green Beans, Mandarin Oranges and Milk</p> <p>Fresh Fruit & Graham Crackers</p>	<p>12</p> <p>English Muffins, Fresh Fruit and Milk</p> <p>Diced Chicken w/ Rice, Broccoli, Peach and Milk</p> <p>Cheese & crackers</p>	<p>13-Vegetarian</p> <p>Bagels, fresh fruit & milk</p> <p>Whole Wheat Toasted Cheese Sandwiches, Cucumbers, Fresh Fruit and Milk</p> <p>Fresh Fruit & Animal Crackers</p>
<p>16</p> <p>Cereal, Fresh Fruit & Milk</p> <p>BBQ Chicken, Whole Wheat Bun, Peas, Pears & Milk</p> <p>Pretzels & Fresh Fruit</p>	<p>17-Vegetarian</p> <p>Oatmeal, Fresh Fruit & Milk</p> <p>Quesadillas, Corn, Pineapple & Milk</p> <p>Cheese & Wheat crackers</p>	<p>18-Vegetarian</p> <p>Whole Wheat Cinnamon Toast, Fresh Fruit & Milk</p> <p>Macaroni and Cheese, Broccoli, Fresh Fruit & Milk</p> <p>Bagels & Cucumbers</p>	<p>19</p> <p>Muffins, Fresh Fruit & Milk</p> <p>Spinach Quiche, Whole Wheat Bread, Mixed Veggies, Mandarin Oranges & Milk</p> <p>Cheese & Tortillas</p>	<p>20</p> <p>Waffles, Fresh Fruit & Milk</p> <p>Chicken Patties, Whole Wheat Bread, Cucumbers, Fresh Fruit & Milk</p> <p>Graham Crackers & Fresh Fruit</p>
<p>23</p> <p>Cereal, Fresh Fruit & Milk</p> <p>Chicken Tacos and Cheese, Carrots, Pears & Milk</p> <p>Fresh Fruit & Wheat Crackers</p>	<p>24</p> <p>Whole Wheat Cinnamon Toast, Peaches & Milk</p> <p>Chicken Alfredo, Green Beans, Pineapple & Milk</p> <p>Pretzels & Fresh Fruit</p>	<p>25- Vegetarian</p> <p>Oatmeal, Fresh Fruit & Milk</p> <p>Turkey, Mashed Potatoes, Whole Wheat Rolls, Mixed Veggies, Peach Cobbler &</p> <p>Fresh Fruit & Animal Crackers</p>	<p>26</p> <p>WE ARE THANKFUL FOR YOU!</p> <p>UTCDC CLOSED</p>	<p>27- Vegetarian</p> <p>UTCDC CLOSED</p>
<p>30</p> <p>Cereal, Fresh Fruit & Milk</p> <p>Chili Beans, Corn Bread, Broccoli, Peaches & Milk</p> <p>Cheese & Tortillas</p>				

Fresh Fruit: Apples, Bananas, Pears, Oranges, or Clementines